CLAIMS:

- 1. A composition for the relief of hangover symptoms comprising a mixture of aqueous ethanolic tinctures of the following homeopathic ingredients:
 - (i) Cinchona oficinalis;

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- (ii) Lobelia inflata;
- (iii) Nux vomica;
- (iv) Ranunculus bulbosus;
- (v) Quercus glandium spiritus; and
- (vi) Zinc.

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- 2. The composition of claim 1 including an aqueous ethanolic tincture of Rhododendron Crysanthum.
 - 3. The composition of claim 1 or 2 including an inert excipient.

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4. The composition of claim 3 wherein said inert excipient is selected from the group consisting of whey, sucrose, calcium carbonate, microcrystalline cellulose, carbon, carnauba wax, croscarmellose sodium, stearic acid, magnesium stearate and silicon dioxide.

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- 5. The composition of claim 4 in the form of a coating coated onto a core.
- 6. The composition of claim 5 wherein said coating is selected from the group consisting of ethyl cellulose and hydroxypropyl methylcellulose.
 - 7. A composition for the relief of hangover symptoms comprising equal parts by weight of the following aqueous ethanolic tinctures of the following active homeopathic ingredients in the weight percentages noted:

- (i) 10^{-10} wt% ± 10 % Cinchona oficinalis;
- (ii) 10^{-10} wt% ± 10 % Lobelia inflata;
- (iii) 10^{-10} wt% ± 10 % Nux vomica;
- (iv) 10^{-10} wt% ± 10 % Rananculus bulbosus;
- (v) 10^{-10} wt% ± 10 % Quercus glandium spiritus; and
- $(vi) 10^{-28} \text{ wt\%} \pm 10\% \text{ Zinc.}$
- 8. The composition of claim 7 including an aqueous ethanolic tincture of Rhododendron Crysanthum present in 10^{-28} wt% \pm 10%.

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9. The composition of claim 7 or 8 including an inert excipient selected from the group consisting of whey, sucrose, calcium carbonate, microcrystalline cellulose, carbon, carnauba wax, croscarmellose sodium, stearic acid, magnesium stearate, titanium dioxide and silicon dioxide.

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- 10. The composition of claim 9 in the form of a coating coated onto a core comprising said inert excipient.
- 11. A method of treating hangover symptoms in a human comprising the20 administration of an effective amount of a mixture of aqueous ethanolic tinctures of the following ingredients:
 - (i) Cinchona oficinalis;
 - (ii) Lobelia inflata;
 - (iii) Nux vomica;

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- (iv) Rananculus bulbosus;
- (v) Quercus glandium spiritus; and
- (vi) Zinc.

- 12. The method of claim 11 wherein said mixture includes an effective amount of an aqueous ethanolic tincture of Rhododendron Crysanthum.
- 13. The method of claim 11 or 12 wherein said administration is
 accomplished by the delivery of said composition in the form of a tablet.
 - 14. The method of claim 13 wherein said tablet is in the form of said mixture coated onto a core.
- 15. The method of claim 11 wherein said mixture comprises equal parts by weight of the following aqueous ethanolic tinctures of said ingredients in the weight percentages noted:
 - (i) 10^{-10} wt% ± 10 % Cinchona oficinalis;
 - (ii) 10^{-10} wt% ± 10 % Lobelia inflata;
 - (iii) 10^{-10} wt% ± 10 % Nux vomica;
 - (iv) 10^{-10} wt% ± 10 % Rananculus bulbosus;
 - (v) 10^{-10} wt% ± 10 % Quercus glandium spiritus ("Quercus"); and
 - (vi) 10^{-28} wt% ± 10 % Zinc.

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16. The method of claim 15 wherein said mixture includes an aqueous ethanolic tincture of Rhododendron Crysanthum present in the amount of 10^{-28} wt% \pm 10%.